






Ringgold High School

September 26th -30th


MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
	Mac N Cheese Bar Traditional or Pepper jack Cheese W/Steamed Broccoli Soft Pretzel	Italian Dunkers W/Mozzarella Cheese -Or- Meatball Hoagie W/Mozzarella Cheese Steamed Green Beans	General Tso's Popcorn Chicken -Or- Sriracha BBQ Fried Rice or Asian Noodles Mixed Vegetables Mandarin Oranges	Walking Taco Grilled Chicken or Beef Cilantro Lime Rice Corn and Black Bean Salsa Fresh Pico Cheddar Cheese	Buffalo Chicken Dip W/Tortilla Chips --Or- Traditional Gyro's W/Glazed Carrots
	Mac N Cheese Bar Traditional or Pepper jack Cheese W/Steamed Broccoli Soft Pretzel	Italian Dunkers W/Mozzarella Cheese -Or- Meatball Hoagie W/Mozzarella Cheese Steamed Green Beans	General Tso's Popcorn Chicken -Or- Sriracha BBQ Fried Rice or Asian Noodles Mixed Vegetables Mandarin Oranges	Walking Taco Grilled Chicken or Beef Cilantro Lime Rice Corn and Black Bean Salsa Fresh Pico Cheddar Cheese	Buffalo Chicken Dip W/Tortilla Chips --Or- Traditional Gyro's W/Glazed Carrots
	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy Chicken	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Crispy Chicken	Hamburger Cheeseburger Spicy Chicken Sandwich
	Cheese Pizza Pepperoni Pizza Chicken Bacon Ranch	Cheese Pizza Pepperoni Pizza Buffalo Chicken Pizza	Cheese Pizza Pepperoni Pizza 3 Pig Pizza	Cheese Pizza Pepperoni Pizza Pickle Pizza	Cheese Pizza Pepperoni Pizza White Pizza



RAM DRIVE DELI

Your Favorite Deli Meats
Served on your Whole Grain Roll or Wrap
Topping Choices may include
Fresh Tomatoes, Lettuce, Cucumbers, Onions, Olives and Peppers



BREAKFAST					
Grab n Go Choices include a Variety of Cereal, Muffins, Crackers, Cereal Bars, Yogurt, Cheese Sticks and Fresh Fruit	Breakfast Pizza	Ham, Egg and Cheese Bagel or Muffin	Dutch Waffle (Funnel Cake)	Homemade French Toast	WG Glazed Donut

Daily Produce Bars may include Broccoli, Grape Tomatoes, Cucumbers, Celery, Baby Carrots, Mixed Greens, Apples, Bananas, Oranges and Pears.

Contact The District Food Service Director Brandon Agostinelli at bagostinelli@avifoodsystems.com for questions or comments.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Food Service Director.

